

OBAGI NU-DERM® CONTINUUM

Personalized Protocol for _____ Skin Type _____

Regimen	Morning Routine	Evening Routine
Starters (also appropriate if you are pregnant) What everyone needs to keep their skin looking its best after Obagi Nu-Derm:	<input type="checkbox"/> Gentle Cleanser <i>or</i> <input type="checkbox"/> Foaming Gel <input type="checkbox"/> Toner <input type="checkbox"/> Sun Shield Matte Broad Spectrum SPF 50	<input type="checkbox"/> Gentle Cleanser <i>or</i> <input type="checkbox"/> Foaming Gel <input type="checkbox"/> Toner
Tone and Texture If you're concerned about roughness and/or uneven skin tone, <i>add these products</i> :	<input type="checkbox"/> Exfoderm® <i>or</i> <input type="checkbox"/> Exfoderm Forte	
Dryness If your skin is consistently dry and lacks moisture, <i>add these products</i> :	<input type="checkbox"/> Obagi Hydrate™	<input type="checkbox"/> Obagi Hydrate
Fine Lines and Wrinkles If you want additional help with fine lines and wrinkles, <i>add these products</i> :		<input type="checkbox"/> Renova®
Acne If you have acne, <i>add these products</i> :		<input type="checkbox"/> Tretinoin <input type="checkbox"/> Daily <i>or</i> <input type="checkbox"/> Every other day <input type="checkbox"/> 0.1% <input type="checkbox"/> 0.05% <input type="checkbox"/> 0.025%
Pigmentation* If your skin has dark areas that still need to be corrected, <i>add these products</i> :	<input type="checkbox"/> Clear	<input type="checkbox"/> Clear (optional) <input type="checkbox"/> Blender®
Eye Area If you need extra help around the delicate eye area, <i>add these products</i> :	<input type="checkbox"/> ELASTIderm® Eye Cream <i>or</i> <input type="checkbox"/> ELASTIderm Eye Gel <i>or</i> <input type="checkbox"/> ELASTIderm Eye Serum	<input type="checkbox"/> ELASTIderm Eye Cream <i>or</i> <input type="checkbox"/> ELASTIderm Eye Gel <i>or</i> <input type="checkbox"/> ELASTIderm Eye Serum
Other		

*Clear and Blender are appropriate for use after pregnancy to help correct the signs of hyperpigmentation.

Notes: _____

Today's Date _____ Follow-up Date _____

Renova (tretinoin cream) 0.02% is indicated as an adjunctive agent for use in the mitigation (palliation) of fine facial wrinkles in patients who use comprehensive skin care and sunlight avoidance programs. RENOVA DOES NOT ELIMINATE WRINKLES, REPAIR SUN-DAMAGED SKIN, REVERSE PHOTOAGING, or RESTORE MORE YOUTHFUL or YOUNGER SKIN.

Tretinoin cream is indicated for topical application in the treatment of acne vulgaris.

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Renova is a registered trademark of Valeant International.

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