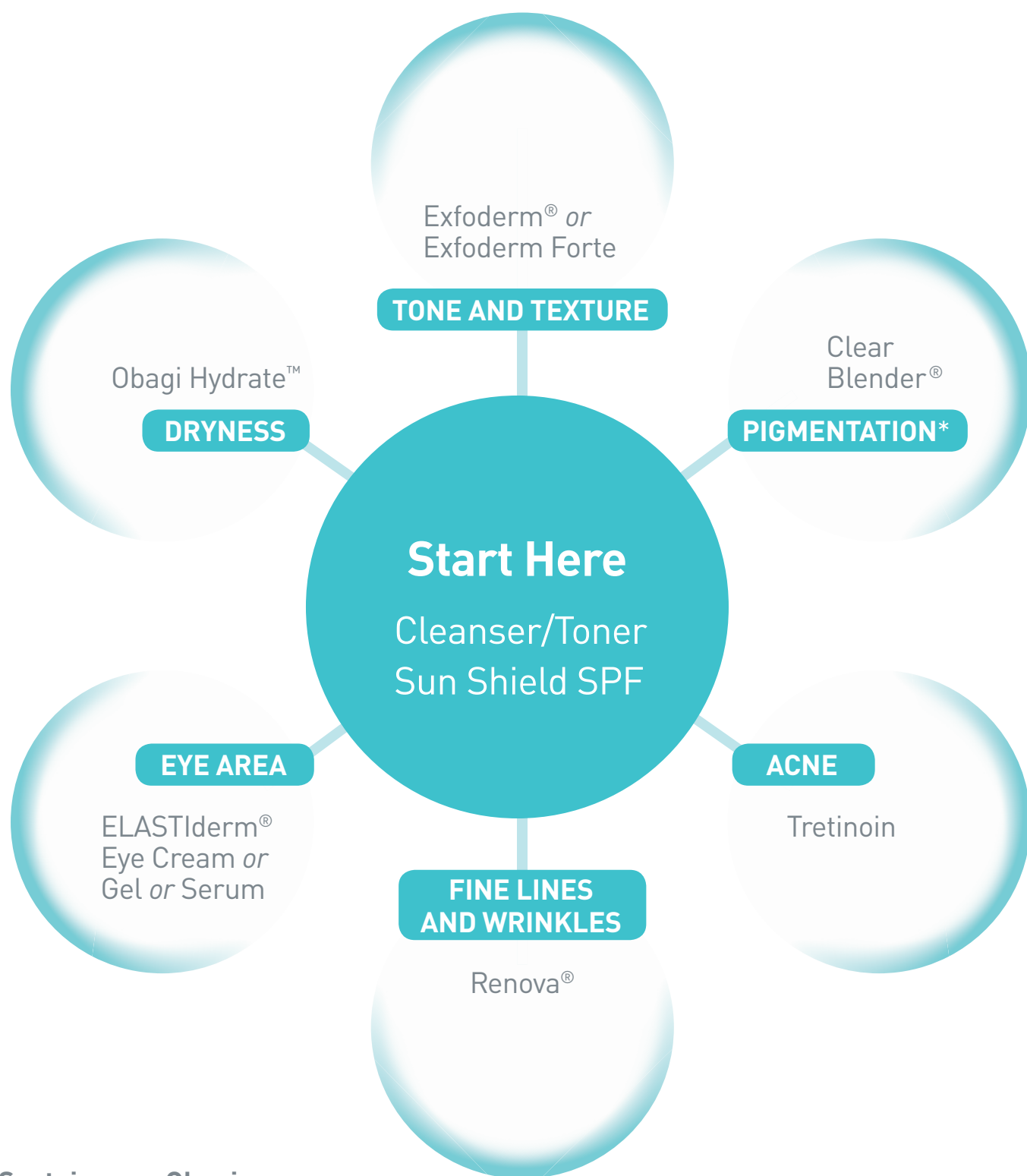


OBAGI NU-DERM® CONTINUUM GUIDE



Sustain your Obagi Nu-Derm transformation with Continuum, a customizable maintenance protocol to keep your skin looking its best.

*Clear and Blender are appropriate for use after pregnancy to help correct the signs of hyperpigmentation.

How to use:

Start in the center with the basic products your patient needs. Determine the patient's skin type (normal to dry or normal to oily) and select the appropriate cleanser. Then discuss the patient's specific skin condition(s) and concern(s), and which Obagi products will best suit their needs. Use the tear pad inside to design a customized protocol, including any additional Obagi products that you recommend.

Place this flap underneath one full sheet (white and yellow copies) to provide a hard surface for writing. Give the patient the white copy and keep the yellow copy for your records.

Renova (tretinoin cream) 0.02% is indicated as an adjunctive agent for use in the mitigation (palliation) of fine facial wrinkles in patients who use comprehensive skin care and sunlight avoidance programs. RENOVA DOES NOT ELIMINATE WRINKLES, REPAIR SUN-DAMAGED SKIN, REVERSE PHOTOAGING, or RESTORE MORE YOUTHFUL or YOUNGER SKIN.

Renova 0.02% is contraindicated in individuals with a history of sensitivity reactions to any of its components and should be discontinued if a reaction occurs. The safety and efficacy of using Renova 0.02% daily for greater than 12 months has not been established. Renova 0.02% is proven effective on lightly pigmented skin, Fitzpatrick skin types I, II, and III. Do not use Renova 0.02% if the patient is taking drugs known to be photosensitizers, pregnant, or nursing. Renova 0.02% is a dermal irritant. Almost all patients experience skin reactions, including dryness, peeling, burning/stinging, erythema, and itching. In some patients, this may be severe. If the degree of local irritation warrants, patients should be directed to use less medication, decrease frequency of use, discontinue use temporarily, or discontinue use altogether. Exposure to sunlight should be avoided or minimized while using Renova 0.02% and use of a sunscreen with an SPF 15 or higher is recommended.

Tretinoin cream is indicated for topical application in the treatment of acne vulgaris.

